



EAST KENTUCKY POWER COOPERATIVE

CSA Farmer Meet and Greet

March 2nd, 2021



WHAT IS A CSA FARM SHARE?

- Community Supported Agriculture (CSA) is a farm subscription of weekly local produce—mostly vegetables
- Usually 21-22 weeks (May-October)
- It is about partnership and sharing risk and bounty between farmer and consumer.



SPRING



SUMMER



FALL

WHAT ARE THE BENEFITS?

- Access to healthy, fresh produce every week
- Convenience—pick up at work or on the way home
- Health benefits of increased vegetable consumptions
- Know your farmer and how your food is grown
- Ensure food dollars are kept in our community
- Opportunity to try new foods and recipes



WHAT DO COALITON FARMS OFFER?

- USDA certified organic 
- 100% grown on the farm
- Multiple share sizes
- Customize items each week
- Pause share while on vacation
- Add-on items



Small or Mini CSA share comes with **5-9 items** and is ideal for a household of 1-2 people or first-time members.



Regular or Full CSA share typically comes with **7-12 items** and is ideal for a household of 3-4 people.

HOW MUCH DOES IT COST?

CSA Share	Share Cost	Share Quantity	Ideal For
Small/Mini Share	\$450-500 (\$21-23/week)	5-9 items	1 st time CSA members, single adults, or couples
Regular/Full Share	\$600-700 (\$28-32/week)	6-12 items	Couples or small households who cook often
XL/Robust Share	\$800-880 (\$36-42/week)	10-14 items	Larger families or plant-based households

KY FARM SHARE PARTNER FARMS



Barr Farms



Elmwood Stock Farm



Rootbound Farm



Sustainable Harvest Farm



Lazy Eight Stock Farm

Barr Farms



Barr Farms



CSA service area:

Louisville, Elizabethtown, Brandenburg,
Fort Knox/Radcliff, and Rhodelia, KY
and New Albany, IN.

22-week CSA season:

Mid-May – October

Share sizes:

Small=\$462 (\$21/wk)

Regular=\$682 (\$28/wk)

Abundant=\$882 (\$36/wk)

Payment plans:

Pay in full at signup or pay 25% at signup,
25% at first delivery and the remaining 50% is
spread out over weekly payments deducted
from a credit card on file.

Customization:

Set preferences at signup and a custom
share is built based on these preferences.
Members can review and further customize
each week.

Learn more: www.barrfarmsky.com
farmer@barrfarmsky.com



SMALL



REGULAR

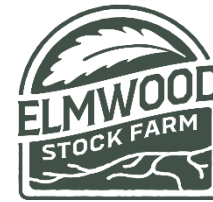


ABUNDANT

Elmwood Stock Farm



Elmwood Stock Farm



CSA service area:

Lexington, Louisville, Georgetown,
Frankfort, Versailles, and NKY.

21-week CSA season:

Mid-May – October

Share sizes:

Mini=\$482 (\$23/wk)

Regular=\$682 (\$32/wk)

Robust=\$882 (\$42/wk)

Payment plans:

Pay in full at signup or in installments: \$100 at signup and make additional payments monthly or when you choose, as long as share is paid in full by start of season in mid-May.

Customization:

Members have access to a customizable website where you can swap items to only receive what you want. You can add on extra veggies, eggs, or meats anytime.

Learn more:

www.elmwoodstockfarm.com

elmwoodorders@gmail.com



Lazy Eight Stock Farm





LAZY EIGHT STOCK FARM

Lazy Eight Stock Farm



CSA service area:

Berea, Danville, Richmond,
Lexington, KY.

21-week CSA season:

Mid-May – October

Share Sizes:

Small=\$462 (\$22/wk)

Regular=\$630 (\$30/wk)

XL=\$882 (\$42/wk)

Payment plans:

Pay in full at signup or pay 25% at signup, 25% at first delivery and the remaining 50% is spread out over weekly payments deducted from a credit card on file.

Customization:

Members set their taste preferences at the beginning of the season and each week a custom share is built. Customer can review to further customize what comes in their delivery and add on additional items.

Learn more:

www.lazyeightstockfarm.com

eat@lazyeightstockfarm.com



Rootbound Farm



Rootbound Farm



CSA service area:

Louisville, Lexington, Frankfort,
Crestwood, KY

22-week CSA season:

Late-May – October

Share Sizes:

Small= \$506 (\$23/wk)

Full=\$704 (\$32/wk)

Robust=\$880 (\$40/wk)

Payment plans:

Pay in full at signup or pay in installments: 25% due at signup, 25% due by June 1st, 25% due July 1st, and 25% due August 1st.

Customization:

Members receive an email to customize each week. You can remove anything from your box. Some items may have a limit per shareholder, but typically there are not limits on individual items.

Learn more:

www.rootboundfarm.com/csa
bree@rootboundfarm.com



Sustainable Harvest Farm



Sustainable Harvest Farm



Sustainable
Harvest
Farm



CSA service area:

Lexington, Richmond, Berea,
Corbin, Somerset, London, KY and
Knoxville, TN.

22-week CSA season:

Mid-May – October

Share Sizes:

Small=\$506 (\$23/wk)

Regular=\$616 (\$28/wk)

XL=\$770 (\$35/wk)

Payment plans:

Pay in full at signup or pay 25% at signup, 25% at first delivery and the remaining 50% is spread out over weekly payments deducted from a credit card on file.

Customization:

Select produce preferences at sign-up with further customization each week. Member receives amazing customer service, tech support and 100% satisfaction guarantee.

Learn more:

www.sustainableharvestfarm.com
ford.waterstrat@gmail.com



SUMMER REGULAR



FALL REGULAR

LEARN MORE ABOUT THE FARMS

- <https://www.kyfarmshare.org/east-kentucky-power>



East Kentucky Power Cooperative CSA Promotion

Community Supported Agriculture (CSA) shares are an easy way to buy vegetables directly from a local farm and cook more at home to build healthy habits. East Kentucky Power Cooperative will be working to connect any interested employee with CSA farms in their area so they can conveniently pick up a weekly vegetable share this growing season.

To learn more about CSA shares (also called farm shares), the benefits, sizes, pricing, and options read below. If you are already familiar with CSA, and want to view farm options click [here](#) and buy a share!

CSA PICK-UP OPTIONS

- Choose to pick-up your share each week:
 - From a community pick-up located near work or home
 - Opt for home delivery (if available) for an additional fee.
- Learn more: www.kyfarmshare.org/pick-up-locations

HOME

CSA

WORKPLACE CSA

COALITION FARMS

CSA RESOURCES

EMPLOYEE CSA SIGN UP



CSA Pickup Locations

Find a CSA pickup near you using the map below
and sign up for a share this season!

How to Find a Partner Farm Pickup:

1. Click the top left corner of the map to display menu with partner farm list. You can view specific

FARM CONTACT INFORMATION

Barr Farms

farmer@barrfarmsky.com

502-403-5808

www.barrfarmsky.com



Rootbound Farm

bree@rootboundfarm.com

859-433-2563

www.rootboundfarm.com



Elmwood Stock Farm

elmwoodorders@gmail.com

859-621-0755

www.elmwoodstockfarm.com



Sustainable Harvest Farm

ford.waterstrat@gmail.com

859-552-4165

www.sustainableharvestfarm.com



Lazy Eight Stock Farm

eat@lazyeightstockfarm.com

859-661-1501

www.lazyeightstockfarm.com



LAZY EIGHT STOCK FARM

KY FARM SHARE CONTACT INFORMATION

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www.kyfarmshare.org



QUESTIONS?

