



**KENTUCKY  
FARM  
SHARE  
COALITION**



## Weekly Produce Price Comparison

USDA certified organic, locally grown produce CSA vs. Kroger produce (organic & conventional)

PRODUCE	MAY	JUNE	SEPT	KROGER CONVENTIONAL	KROGER CERTIFIED ORGANIC	KYFSC CSA CERTIFIED ORGANIC
1 bunch asparagus	X			\$2.99	\$4.99	
1 bunch swiss chard	X			\$1.49	\$1.99	
2 heads lettuce	X			\$2.89	\$5.98	
1 pint strawberries	X			\$2.99	\$4.99	
1 bunch carrots	X			\$1.69	\$1.99	
1 bunch kale	X			\$0.99	\$0.99	
1 quart snap peas	X			\$3.59	\$4.50	
<b>WEEKLY TOTAL</b>				<b>\$16.63</b>	<b>\$25.43</b>	<b>\$24.75</b>
6 ears sweet corn		X		\$3.00	\$5.00	
1 bunch leeks		X		\$2.99	\$3.59	
2 heads cabbage		X		\$3.00	\$6.00	
2 summer squash or zucchini		X		\$0.78	\$4.40	
1 head garlic		X		\$0.69	\$1.50	
4 heirloom or slicing tomatoes		X		\$4.20	\$8.00	
1 pint cherry tomatoes		X		\$3.49	\$3.99	
1 bunch beets		X		\$2.99	\$3.69	
3 lbs potatoes		X		\$1.79	\$3.49	
1 bunch kale		X		\$0.99	\$0.99	
<b>WEEKLY TOTAL</b>				<b>\$23.92</b>	<b>\$40.65</b>	<b>\$24.75</b>
1 eggplant			X	\$1.49	\$1.99	
1 bunch chard			X	\$1.49	\$1.99	
1 small watermelon			X	\$3.99	\$4.49	
3 sweet peppers			X	\$1.59	\$2.50	
1 bag hot peppers			X	\$0.99	\$1.99	
4 heirloom or slicing tomatoes			X	\$4.20	\$8.00	
6 ears sweet corn			X	\$3.00	\$5.00	
1 lb onions			X	\$1.99	\$2.29	
3 sweet potatoes			X	\$2.97	\$7.47	
1 butternut squash			X	\$1.98	\$2.97	
<b>WEEKLY TOTAL</b>				<b>\$23.69</b>	<b>\$38.69</b>	<b>\$24.75</b>

Items in produce column are typical of a CSA share at that period in the season  
 Kroger produce prices from Kroger Click List (conventional & certified organic)  
 CSA price figured on averaging cost of small and large share sizes for 20-22 week  
 peak season organic produce share in Kentucky