STATE FAIR SEASONAL DIPS

Recipes by Chef E from Greenz N Tingz. Learn more at www.greenzntingz.com

FRESH SALSA

- 4 Tomatoes
- 1 bunch Cilantro
- 1 Onion
- 1 Lime, juiced
- 1 Sweet Pepper Salt to taste
- 1 Hot Pepper
- 1. Roughly chop tomatoes, onions, peppers, and cilantro and add to a food processor.
- 2. Pulse until loosely combined. Add lime juice and salt and pulse until incorporated.
- 3. Place in fridge for 30 60 minutes and serve with favorite chip or seasonal veg.

YOGURT HERB DIP

- 1 Medium Cucumber
- 1.5 cups Greek Yogurt
- 2 Garlic Cloves, minced
- 2 tbsp. Olive Oil
- 1 tbsp. White Vinegar
- 0.5 tsp. Salt
- 1 tbsp. Dill, minced
- Optional herbs for garnish
- 1. Grate the cucumber. Add pinch of salt and let rest in a colander for up to 24 hours in fridge to drain the liquid.
- 2. Combine the yogurt, garlic, oil, vinegar, and salt in a large bowl. This can be covered and refrigerated overnight if desired or served right away.
- 3. Transfer the grated cucumber and fresh dill to the yogurt mixture and stir to combine.
- 4. Serve with chopped vegetables or pita and garnish with other seasonal herbs.







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